

# Spinach Salad with Roasted Vegetables

## Ingredients

- 1-10 oz package spinach
- 1/3 cup red onions
- 1/2 cup red bell peppers
- 1/2 cup zucchini
- 1/2 tsp kosher salt
- 1 tsp cumin

## Notes

**Number of Portions:** 4

**Serving Size:** 1 cup

**Nutrition Facts:** 33 calories, 0.55 g fat, 0.09 g saturated fat, 193 mg sodium, 6.01 g carbohydrate, 2.52 g fiber, 1.6 g sugar, 2.82 g protein

## Directions

1. Wash all produce thoroughly. Pick through the spinach to ensure that all leaves are fresh.
2. Chop onions, peppers, and zucchini. Sauté together until tender.
3. Mix all vegetables, salt, and cumin together in a large bowl. Serve with dressing of choice.

